

ANNOTATED BIBLIOGRAPHY ON CULTURAL PSYCHIATRY AND RELATED TOPICS – FEBRUARY, 2005

Francis G. Lu, M.D.
Professor of Clinical Psychiatry
Director, Cultural Competence and Diversity Program
Department of Psychiatry, San Francisco General Hospital
University of California, San Francisco
Francis.Lu@sfdph.org
415-206-8984

* Recommended
** Highly Recommended
*** Top Ten

**Alarcón, R. D., Foulks, E. F., & Vakkur, M. (1998). *Personality Disorders and Culture: Clinical and Conceptual Interactions*. New York, NY: John Wiley & Sons, Inc. *An immediate classic on culture and personality disorders.*

Akhtar, S., & Kramer, S. (Eds.). (1998). *The Colors of Childhood: Separation - Individuation - Across Cultural, Racial and Ethnic Diversity*. New York, NY: Jason Aronson.

**Akhtar, S. (1999). *Immigration and Identity*. Northvale, NJ: Jason Aronson Inc. *A psychodynamic perspective on an important cultural identity issue.*

**Al-Issa, I. (Ed.). (1999). *Al-Junūn: Mental Illness in the Islamic World*. Madison, WI: International Universities Press, Inc. *One of the few books on this topic.*

*American Medical Association. (1999). *Cultural Competence Compendium*. Chicago, ILL: American Medical Association.

Aponte, J. F., & Wohl, J. (Eds.). (2000). *Psychological Intervention and Cultural Diversity* (Second Edition). Boston, MA: Allyn and Bacon.

*Association of American Medical Colleges. (1998 - 2002). *Medical School Objectives Project, Part I-V*. Washington, DC: Association of American Medical Colleges. *Essential for medical student education.* (www.aamc.org)

Axtell, R. E. (1997). *Gestures: The Do's and TABOOS of Body Language Around the World*. New York, NY: John Wiley & Sons.

*Berzoff, J., Flanagan, L. M., & Hertz, P. (1996). *Inside Out and Outside In*. Northvale, NJ: Jason Aronson Inc. *Discusses impact of cultural identity variables (race, gender, class, etc.) on psychotherapy.*

*Boehnlein, J (Ed.). (2000). *Religion and Psychiatry*. Washington, D.C.: APPI Press. *An important update on issues at the interface.*

*Boorstein, S. (1997). *Clinical Studies in Transpersonal Psychotherapy*. Albany, NY, State University of New York Press. *Case-based approach from a seasoned clinician.*

Boyd-Franklin, N. (2003). *Black Families in Therapy* (2nd ed.). New York, NY: The Guilford Press.

Bronstein, P., & Quina, K. (Eds.). (2003). *Teaching Gender and Multicultural Awareness*. Washington, DC: American Psychological Association.

Brown, D. R., & Keith, V. M. (Eds.). (2003). *In and Out of Our Right Minds: The Mental Health of African American Women*. New York, NY: Columbia University Press.

Burt, V., & Hendrick, V. (2001) *Concise Guide to Women's Mental Health (2nd ed.)*. Washington, DC: American Psychiatric Press.

Burt, V., & Hendrick, V. (2005) *Clinical Manual of Women's Mental Health*. Washington, DC: American Psychiatric Press.

*** Cabaj, R., & Stein, T. (Eds.). (1996). *Textbook of Homosexuality and Mental Health*. Washington, DC: American Psychiatric Press. *Very comprehensive. The standard textbook in this area.*

***The California Endowment (2003). *Principles and Recommended Standards for Cultural Competence Education of Health Care Professionals*. Woodland Hills, CA: Author. (www.calendow.org)

The California Endowment (2003). *A Manager's Guide to Cultural Competence Education for Health Care Professionals*. Woodland Hills, CA: Author.

The California Endowment (2003). *Resources in Cultural Competence Education for Health Care Professionals*. Woodland Hills, CA: Author.

[Outstanding resource document downloadable from the web. Also at the same website are resources on working with limited English proficient patients.]

*Canino, I. & Spurlock, J. (2000). *Culturally Diverse Children and Adolescents*. (Second Edition). New York, NY: Guilford. *Practical guidelines.*

Cardena, E., Lynn, S. J., & Krippner, S. (Eds.). (2000). *Varieties of Anomalous Experience: Examining the Scientific Evidence*. Washington, DC: American Psychological Association.

**Carter, R. T. (Ed.). (2005). *Handbook of Racial-Cultural Psychology and Counseling*. Hoboken, NJ: Wiley & Sons, Inc. A 2-volume set.

Castillo, R. J. (Ed.). (1998). *Meanings of Madness*. Brooks/Cole Publishing Co, Pacific Grove, CA. *Compendium of classic readings on culture and mental illness.*

Castillo, R. (1997). *Culture and Mental Illness: A Client Centered Approach*. Pacific Grove, CA: Brooks/Cole. *Discusses assessment, therapy and cultural issues within diagnostic categories.*

***Center for Mental Health Services/Substance Abuse and Mental Health Services Administration. (1998). *Cultural Competence Standards in Managed Care Mental Health Services for Four Underserved/Underrepresented Racial/Ethnic Groups*. Washington, DC: CMHS/SAMHSA. *Essential for understanding systems cultural competence.* (www.mentalhealth.org. Search for "Cultural Competence Standards in Managed Care Mental Health Services.")

**Center for Substance Abuse Treatment/Substance Abuse and Mental Health Services Administration. (1999). *Cultural Issues in Substance Abuse Treatment*, Washington, D.C: CSAT/SAMHSA. *An outstanding monograph on substance abuse.*

**Chin, J. L. (Ed.). (2004). *The Psychology of Prejudice and Discrimination*. Westport, Connecticut: Praeger. A four-volume set.

Chin, J. L. (2005). *Learning From my Mother's Voice*. New York, NY: Columbia Teachers College Press.

Chun, K. M., Balls Organista, P. & Marin, G. (Eds.). (2003). *Acculturation. Advances in Theory, Measurement and Applied Research*. Washington, DC: American Psychological Association.

*Constantine, M. C., & Sue, D. W. (Eds.). (2005). *Strategies for Building Multicultural Competence in Mental Health and Educational Settings*. New York, NY: Wiley.

Culhane-Pera, K. A., Wawter, D. E., Phua Xiong, Babbitt, B., & Solberg, M. M. (Eds.). (2003). *Healing by Heart, Clinical and Ethical Case Stories of Hmong Families and Western Providers*. Nashville, TN: Vanderbilt University Press.

*Dana, R. H. (1997). *Understanding Cultural Identity in Intervention and Assessment*. Thousand Oaks, CA: Sage Publications.

Davis-Russell, Elizabeth (Ed.). (2002). *California School of Professional Psychology Handbook of Multicultural Education, Research, Intervention, and Training*. San Francisco, CA: Jossey-Bass.

*DeLoache, J., & Gottlieb, A. (2000). *A World of Babies*. Cambridge, United Kingdom: Cambridge University Press. *Imagined childcare guides for seven societies*.

**Fadiman, A. (1997). *The Spirit Catches You and You Fall Down*. New York, NY: The Noonday Press. *An extraordinary story about the importance of cultural competence in medical care*.

Fong, R. (Ed.). (2003). *Culturally Competent Practice with Immigrant and Refugee Children and Families*. New York, NY: The Guilford Press.

**Friedman, S. (Ed.). (1997). *Cultural Issues in the Treatment of Anxiety*. New York, NY: Guilford Press. *Essential reading for those treating Anxiety Disorders*.

*Foster, R. P., Moskowitz, M., & Javier, R. A. (Eds.). (1996). *Reaching Across Boundaries of Culture and Class. Widening the Scope of Psychotherapy*. Northvale, NJ: Jason Aronson Inc.

Foster, R. P. (1998). *The Power of Language in the Clinical Process: Assessing and Treating the Bilingual Person*. Northvale, NJ: Jason Aronson Inc

Fukuyama, M. A. and Sevig, T. D., (1999). *Integrating Spirituality Into Multicultural Counseling*. Thousand Oaks, CA, SAGE Publications.

Gardiner, H. W., Mutter, J. D., & Kosmitzki, C. (1998). *Lives Across Culture: Cross-Cultural Human Development*. Boston, MA: Allyn and Bacon.

Garnets, L. D., & Kimmel, D. C. (Eds.). (2003). *Psychological Perspectives on Lesbian, Gay, and Bisexual Experiences* (Second ed.). New York, NY: Columbia University Press.

**Gaw, A. (2001). *The Concise Guide to Cross-Cultural Psychiatry*. Washington, D.C.: American Psychiatric Publishing, Inc.

Gibbs, J., et al, (Eds.). (2003). *Children of Color: Psychological Interventions with Minority Youth* (Second Revised ed.). San Francisco, CA: Jossey-Bass.

*Griffith, J. and Griffith, M. (2001). *Encountering the Sacred in Psychotherapy: How to Talk with People About Their Spiritual Lives*. New York: Guilford Press.

*Grumbach, K., Munoz, C., Coffman, J., Rosenoff, E., Gandara, P., & Sepulveda, E. (2003). *Strategies for Improving the Diversity of the Health Professions*. Woodland Hills, CA: Center for California Health Workforce Studies, University of California, San Francisco, Education Policy Center, University of California, Davis. Woodland Hills, CA, The California Endowment.

Group for the Advancement of Psychiatry. (1996). *Alcoholism in the United States: Racial and Ethnic Considerations*. Washington, DC: American Psychiatric Press.

***Group for the Advancement of Psychiatry. (2002). *Cultural Assessment in Clinical Psychiatry*. Washington, DC: American Psychiatric Publishing, Inc. *Explicates the DSM-IV Outline for Cultural Formulation and presents six clinical cases.*

***Hays, P. A. (2001). *Addressing Cultural Complexities in Practice*. Washington, DC: American Psychological Association. *Very highly recommended companion to the DSM-IV Outline for Cultural Formulation.*

**Helms, J. E., & Cook, D. A. (1999). *Using Race and Culture in Counseling and Psychotherapy: Theory and Process*: Allyn & Bacon, Inc, Boston, MA. *An outstanding textbook on racial and cultural themes in psychotherapy.*

Herrera, J., Lawson, W., Sramek., J. (eds.) (1999) *Cross Cultural Psychiatry*. New York: John Wiley.

Hong, G. K., & MaryAnna Domokos-Cheng Ham. (2001). *Psychotherapy and Counseling with Asian American Clients*. Thousand Oaks, CA: Sage Publications, Inc.

Illovsky, M. (2002) *Mental Health Professionals, Minorities and the Poor*. New York: Brunner-Routledge.

***Institute of Medicine (2002). *Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care*. Washington, D.C.: National Academies Press. (www.iom.edu)

Note chapter 4 on the clinical encounter—very important on bias]

Institute of Medicine (2002). *Speaking of Health: Assessing Health Communication Strategies for Diverse Populations*. Washington, D.C.: National Academies Press.[This may be less relevant clinically]

Institute of Medicine (2004) *Health Literacy: A Prescription to End Confusion*. Washington, D.C.: National Academies Press [Important principles here.]

**Institute of Medicine (2004) *In the Nation's Compelling Interest: Ensuring Diversity in the Health-Care Workforce*. Washington, DC: National Academies Press.

Jackson, L. C., & Greene, B. (Eds.). (2000). *Psychotherapy with African American Women*. New York, NY: The Guilford Press.

Jaranson, J. and Popkin, M. (Eds.) 1998. *Caring for Victims of Torture*. Washington, D.C.: AAPI Press.

**Johnson-Powell, G. & Yamamoto, J. (Eds.). (1997). *Transcultural Child Development: Psychological Assessment and Treatment*. New York, NY: John Wiley & Sons, Inc. *Comprehensive update of the 1983 classic The Psychosocial Development of Minority Group Children.*

Jones, R. L. (Ed.). (1998). *African American Mental Health*. Hampton, VA: Cobb & Henry Publishers.

*Jones, R. L. (Ed.). (2004). *Black Psychology* (Fourth ed.). Hampton, VA: Cobb & Henry Publishers.

Jones, C., & Shorter-Gooden, K. (2005). *Shifting: The Double Lives of Black Women in America*. Dunmore, PA: HarperCollins.

Jordan, J., Walker, M., & Hartling, L. (eds.) (2004). *The Complexity of Connection: Writings From the Jean Baker Miller Training Institute*. New York: Guilford. *Innovative writing about women's issues.*

**Josephson, A. and Peteet, J. (eds.) (2004). *Handbook of Spirituality and Worldview in Clinical Practice*. Washington, D.C.: American Psychiatric Publishing, Inc.

Kiefer, C. (2000) *Health Work with the Poor*. New Brunswick, NJ: Rutgers University Press.

** Kleinman, A. (1988). *Rethinking Psychiatry*. New York, NY: Free Press. *The most important conceptual work in cross-cultural psychiatry - a classic.*

***Koenig, H. G., McCullough, M. E., & Larson, D. B. (2001). *Handbook of Religion and Health*. Oxford, NY: University Press. *An encyclopedic review of the research literature for health and mental health.*

**Koenig, H. G. (Ed.). (1998). *Handbook of Religion and Mental Health*. San Diego, CA: Academic Press.

**Larson, D. B., Lu, F. G. & Swyers, J. P. (Eds.). (1997). *Model Curriculum for Psychiatry Residency Training Programs: Religion and Spirituality in Clinical Practice*. (Revised Edition), Rockville, Maryland: The National Institute for Healthcare Research. *Very important for those planning curriculum in this area.*

Larson, D. B., Swyers, J. P., & McCullough, M. E. (Eds.). (1998). *Scientific Research on Spirituality and Health: A Consensus Report*. (revised edition), Rockville, MD: National Institute for Healthcare Research (NIHR). *An extraordinary synthesis of the research literature.*

*Lee, E. (Ed.). (1997). *Working with Asian Americans*. New York, NY: Guilford Press. *An important comprehensive clinically oriented text.*

Lee, L. C., & Zane, N. W. S. (Eds.) (1998). *Handbook of Asian American Psychology*. Sage Publications, Inc, Thousand Oaks, CA.

Leininger, M., McFarland, M. (2002). *Transcultural Nursing*. New York, NY: McGraw-Hill, Inc.

Linde, P. (2001). *Of Spirits & Madness: An American Psychiatrist in Africa*. New York: McGraw-Hill.

*Lipson, J. G., Dibble, S. L., & Minarik, P. A. (Eds.). (1996). *Culture & Nursing Care: A Pocket Guide*. San Francisco, CA: UCSF Nursing Press. *Essential for nursing care of culturally diverse patients.*

*Lopez, A., & Carrillo, E. (Eds.). (2001). *The Latino Psychiatric Patient: Assessment and Treatment*. Washington, DC: American Psychiatric Press. *The only volume that reviews specific issues from specific Central and Latin American countries.*

Lynch, E. W., & Hanson, M. J. (2004). *Developing Cross-Cultural Competence: A Guide for Working with Children and Their Families* (Third ed.). Baltimore: Paul H. Brookes, Publishing Co.

Marsella, A. J., Friedman, M. J., Gerrity, E. T., & Scurfield, R. M. (Eds.). (1996). *Ethnocultural Aspects of Posttraumatic Stress Disorder: Issues, Research and Clinical Applications*. Washington, DC: American Psychological Association. *Essential overview for those working in this area.*

**McGoldrick, M., Giordano, J., & Pearce, J. (Eds.). (1996). *Ethnicity and Family Therapy* (Second edition ed.). New York, NY: Guilford. *Outstanding, comprehensive review of cultures and family systems. 3rd edition in 2005 or 2006.*

*McGoldrick, M. (Ed.). (1998). *Re-Visioning Family Therapy. Race, Culture, and Gender in Clinical Practice*. New York, NY: The Guilford Press.

*Mezzich, J., Kleinman, A., Fabrega, H., & Parron, D. (Eds.). (1996). *Culture and Psychiatric Diagnosis*. Washington, DC: American Psychiatric Press. *Papers from the NIMH Workgroup on Culture, Diagnosis and Care submitted to APA Task Force on DSM-IV.*

*Miller, W. R., Ed. (1999). *Integrating Spirituality Into Treatment*. Washington, DC, American Psychological Association. *Well-researched and practical.*

Miller, W. R., & Delaney, H. D. (Eds.). (2005). *Judeo-Christian Perspectives on Psychology*. Washington, DC: American Psychological Association.

*Murphy-Shigematsu, S. (2002). *Multicultural Encounters*. New York, NY: Teachers College, Columbia University.

*Mutha, S., Allen, C., Welch, M. (2002). *Toward Culturally Competent Care: A Toolbox for Teaching Communication Strategies*. San Francisco: UCSF Center for the Health Professions.

Nader, K., Dubrow, N., & Stamm, B. H. (Eds.). (1999). *Honoring Differences: Cultural Issues in the Treatment of Trauma and Loss*. Philadelphia, PA: Bunner/Mazel.

Nagayama-Hall, G. C., & Okazaki, S. (Eds.). (2003). *Asian American Psychology*. Washington, DC: American Psychological Association.

Nebelkopf, E., & Phillis, M. (Eds.). (2005). *Healing and Mental Health for Native Americans*. Walnut Creek, CA: Altamira Press.

*New York State Office of Mental Health. (1998). *Cultural Competence Performance Measures for Managed Behavioral Healthcare Programs*. Albany, NY: New York State Office of Mental Health. *Essential to understand systems cultural competence. An update can be found at www.csipmh.rfmh.org.*

Okasha, A., J. Arboleda-Florez, & Sartorius, M. (Eds.). (2000). *Ethics, Culture and Psychiatry: International Perspectives*. Washington, DC: American Psychiatric Press.

*Okpaku, S. O. (Ed.). (1998). *Clinical Methods in Transcultural Psychiatry*. Washington, DC: American Psychiatric Press, Inc.

O'Neil, T. D. (1996). *Disciplined Hearts: History, Identity and Depression in an American Indian Community*. Berkeley, CA: University of California Press.

*Paniagua, F. (2005). *Assessing and Treating Culturally Diverse Individuals*. (3rd ed.). Thousand Oaks, CA: Sage.

Paniagua, F. (2001). *Diagnosis in a Multicultural Context: A Casebook for Mental Health Professionals*. Thousand Oaks, CA: Sage.

*Pargament, K. (1997). *The Psychology of Religion and Coping*. New York: Guilford Press.

*Parham, T. A. (Ed.). (2002). *Counseling Persons of African Descent*. Thousand Oaks, CA: Sage Publications.

**Pedersen, P. B., Draguns, J. G., Lonner, W. J., & Trimble, J. E. (Eds.). (2002). *Counseling Across Cultures* (5th ed.). Thousand Oaks, CA: Sage Publications. *Cutting-edge chapters from a counseling psychology perspective.*

Perez, R., Debord, K., & Bieschke, K. (Eds.). (1999). *Handbook of Counseling and Psychotherapy with Lesbian, Gay, and Bisexual Clients*. Washington, DC: American Psychological Association Press.

***Pinderhughes, E. (1988). *Understanding Race, Ethnicity and Power*. New York, NY: Free Press. *A classic on the impact of race, ethnicity, and power on the interpersonal dynamics in therapy. Experientially focused.*

**Ponterotto, J., Casas, J., Suzuki, L., & Alexander, C. (Eds.). (2001). *Handbook of Multicultural Counseling* (2nd. ed.). Thousand Oaks, CA: Sage.. *The standard textbook. Very comprehensive.*

*Pope-Davis, D. B., Coleman, H. L. K., Ming Liu, W., & Toporek, R. L. (Eds.). (2003). *Handbook of Multicultural Competencies in Counseling and Psychology*. Thousand Oaks, CA: Sage Publications.

*Pope-Davis, D., & Coleman, H. (Eds.). (2001). *The Intersection of Race, Class and Gender: Implications for Multicultural Counseling*. Thousand Oaks, CA: Sage.

**Richards, P. S., & Bergin, A. E. (1997). *A Spiritual Strategy for Counseling and Psychotherapy*. Washington, DC: American Psychological Association. *Extraordinary synthesis on the psychotherapy/spirituality interface.*

*Richards, P. S., & Bergin, A. E. (Eds.). (2003). *Casebook for A Spiritual Strategy in Counseling and Psychotherapy*. Washington, DC: American Psychological Association.

**Richards, P. S., & Bergin, A. E. (2000). *Handbook of Psychotherapy and Religious Diversity*. Washington, DC: American Psychological Association.

*Ridley, C. (2005). *Overcoming Unintentional Racism in Counseling and Therapy*. (2nd ed.) Thousand Oaks, CA: Sage. *Essential reading on an extraordinarily difficult topic.*

Root, M. P. (Ed.). (1997). *Filipino Americans*. Thousand Oaks, CA: Sage Publications.

Roysircar, G., Arredondo, P., Fuertes, J. N., Ponterotto, J. G., & Toporek, R. L. (2003). *Multicultural Counseling Competencies 2003: Association for Multicultural Counseling and Development*. Alexandria, VA: American Counseling Association. [Important document from the American Counseling Association]

Roysircar, G., Sandhu, D. S., & Bibbins, V. E. (Eds.). (2003). *Multicultural Competencies*. Alexandria, VA: Association for Multicultural Counseling and Development.

**Ruiz, P (Ed.). (2000). *Ethnicity and Psychopharmacology*. Washington, D.C.: APPI Press. *An update of Lin (1993).*

Samuda, R. J. (1998). *Psychological Testing of American Minorities. Issues and Consequences*. (2nd ed.). Thousand Oaks, CA: Sage Publications.

**Sanchez-Hucles .J. (2000). *The First Session with African-Americans: A Step-by-Step Guide*. San Francisco, CA: Jossey-Bass.

*Santiago-Rivera, A. L., Arredondo, P., & Maritza Gallardo-Cooper. (2002). *Counseling Latinos and La Familia*. Thousand Oaks, CA: Sage Publications.

Schumaker, J. F., & Ward, T. (Eds.). (2001). *Cultural Cognition and Psychopathology*. Westport, CT: Praeger Publishers/Greenwood Publishing Group, Inc.

**Scotton, B., Chinen, A., & Battista, J. (Eds.). (1996). *Textbook of Transpersonal Psychiatry and Psychology*. New York, NY: Basic Books. *Essential reading for those interested in spirituality/psychiatry.*

*Sperry, L., & Shafranske, E. P. (Eds.). (2005). *Spiritually Oriented Psychotherapy*. Washington, DC: American Psychological Association.

Spilka, B., Hunsberger, B., & Gorsuch, R., Hood, R., (2003). *The Psychology of Religion*. (3rd ed.). New York, NY: Guilford Press.

Spurlock, J. (Ed.). (1999). *Black Psychiatrists and American Psychiatry*. Washington, DC: American Psychiatric Association.

Stone, J. H. (Ed.). (2004). *Culture and Disability*. Thousand Oaks, CA: Sage Publications.

Straussner, Shulamith Lala Ashenberg. (2001). *Ethnocultural Factors in Substance Abuse Treatment*. New York, NY: The Guilford Press.

**Sue, D. W., & Sue, D. (2003). *Counseling the Culturally Diverse: Theory and Practice* (4th. edition). New York, NY: John Wiley & Sons, Inc. *An update on a classic from counseling psychology.*

Sue, D., Ivey, A., & Pedersen, P. (Eds.). (1996). *A Theory of Multicultural Counseling and Therapy*. Pacific Grove, CA: Brooks/Cole. *Analogous in scholarly importance to counseling psychology as Rethinking Psychiatry is for psychiatry.*

*Sue, D. W., Carter, R. T., Casas, J. M., Fouad, N. A., Ivey, A. E., Jensen, M., Lafromboise, T., Manese, J. E., Ponterotto, J. G., & Vazquez-Nuttall, E. (1998). *Multicultural Counseling Competencies*. Thousand Oaks, CA: Sage.

*Sue, D. W. (2003). *Overcoming Our Racism*. San Francisco, CA: Jossey-Bass.

Suzuki, L. A., Meller, P. J., & Ponterotto, J. G. (Eds.) (2000). *Handbook of Multicultural Assessment*. (2nd ed.) San Francisco, CA: Jossey-Bass.

Ting-Toomey, S. (1999). *Communicating Across Cultures*. New York, NY: Guilford Press.

*Tseng, W.-S. & Streltzer, J. (Eds.). (1997). *Culture and Psychopathology: A Guide to Clinical Assessment*. New York, NY: Brunner/Mazel, Inc.

**Tseng, W.-S., & Streltzer, J. (Eds.). (2001). *Culture and Psychotherapy*. Washington, DC: American Psychiatric Press.

***Tseng, W.-S. (2001). *Handbook of Cultural Psychiatry*. San Diego, CA: Academic Press.

**Tseng, W.-S. (2003). *Clinician's Guide to Cultural Psychiatry*. New York: Elsevier.

*Tseng, W.-S., Matthews, D., & Elwyn, T. S. (2004). *Cultural Competence in Forensic Mental Health*. New York, NY: Brunner-Routledge.

*Tseng, W.-S., & Streltzer, J. (Eds.). (2004). *Cultural Competence in Clinical Psychiatry*. Washington, DC: American Psychiatric Press.

*Tseng, W.-S., Chang, S.C., Nishizono, M. (2005). *Asian Culture and Psychotherapy: Implications for East and West*. Honolulu: University of Hawaii Press.

***U.S. Department of Health and Human Services. (2001). *Mental Health: Culture, Race and Ethnicity—A supplement to Mental Health: A Report of the Surgeon General*. Rockville, MD: U.S. Department of Health and Human Services, Public Health Service, Office of the Surgeon General. *A landmark essential reading on mental health disparities.* (www.surgeongeneral.gov)

Velásquez, R. J., Arellano, L. M., & McNeill, B. W. (Eds.). (2004). *The Handbook of Chicana/o Psychology and Mental Health*. Mahwah, New Jersey: Lawrence Erlbaum Associates, Publishers.

Walsh, F. (Ed.). (1999). *Spiritual Resources in Family Therapy*. New York, NY: The Guilford Press.

**Weinreich, P. and Saunderson, W. (eds.) (2002) *Analyzing Identity: Cross Cultural, Societal and Clinical Contexts*. New York: Routledge. *A most important work on identity.*

*Wilson, J. P., & Drozdek, B. (Eds.). (2004). *Broken Spirits: The Treatment of Traumatized Asylum Seekers, Refugees, War and Torture Victims*. New York, NY: Brunner-Routledge.

Young-Bruehl, E. (1996). *The Anatomy of Prejudices*. Cambridge, MA: Harvard University Press. *A psychoanalytic perspective on many forms of prejudice. Very scholarly.*

Archive References

- Alarcón, R. (Ed.). (1995). Cultural Psychiatry. *Psychiatric Clinics of North America*, 18:3. *Outstanding overview mainly along diagnostic categories.*
- American Psychiatric Association Task Force. (1994). *Report on Ethnic Minority Elderly*. Washington, DC: American Psychiatric Association.
- Carter, R. (1995). *The Influence of Race and Racial Identity in Psychotherapy*. New York, NY: Wiley. *Focuses comprehensively on race/psychotherapy.*
- Comas-Diaz, L., & Greene, B. (Eds.). (1994). *Women of Color: Integrating Ethnic and Gender Identities in Psychotherapy*. New York, NY: Guilford Press. *The best textbook on this topic.*
- Comas-Diaz, L. & Griffith, E. (Eds.). (1988). *Clinical Guidelines in Cross-Cultural Mental Health*. New York, NY: J. Wiley.
- Cuellar, I., & Paniagua, F. A. (Eds.). (2000). *Handbook of Multicultural Mental Health*. San Diego, CA: Academic Press.
- Dana, R. H. (1993). *Multicultural Assessment Perspectives for Professional Psychology*. Boston, MA: Allyn and Bacon.
- Desjarlais, R., Eisenberg, L., Good, B., & Kleinman, A. (1995). *World Mental Health*. New York, NY: Oxford Press. *Well-researched exposition on the major challenges in global mental health.*
- Ewalt, P. L., Freeman, E. M., Kirk, S. A., & Poole, D. L. (Eds.). (1997). *Multicultural Issues in Social Work*. Washington, DC: NASW Press.
- Garcia, J. & Zea, M. (Eds.). (1997). *Psychological Interventions and Research with Latino Populations*. Boston: Allyn & Bacon.
- Gaw, A. (Ed.). (1993). *Culture, Ethnicity, and Mental Health*. Washington, DC: American Psychiatric Press. *Comprehensive overview by ethnic minority groups.*
- Goldberger, N., & Veroff, J. (Eds.). (1995). *The Culture and Psychology Reader*. New York, NY: New York University Press. *Contains seminal chapters/papers on assessment, family, therapy.*
- Gordon, J. (Ed.). (1996). *Managing Multiculturalism in Substance Abuse Services*. Thousand Oaks, CA: Sage.
- Grinberg, L., & Grinberg, R. (1989). *Psychoanalytic Perspectives on Migration and Exile*. New Haven, CT: Yale University Press.
- Harris, H. W., Blue, H. C., & Griffith, E. (Eds.). (1995). *Racial and Ethnic Identity*. New York, NY: Routledge.
- Jones, J. (1997). *Prejudice and Racism*. (2nd ed.). New York: McGraw Hill. *Outstanding historical and sociological perspectives.*
- Lin, K.-M., et al, (Eds.). (1993). *Psychopharmacology and Psychobiology of Ethnicity*. Washington, DC: American Psychiatric Press.
- Lipson, J. G., & Steiger, N. J. (1996). *Self-Care Nursing in a Multicultural Context*. Thousand Oaks, CA: Sage Publications.
- Locke, D. (1998). *Improving Multicultural Understanding*. (2nd ed.). Thousand Oaks, CA: Sage.
- Ponterotto, J. & Pedersen, P. (1993). *Preventing Prejudice*. Thousand Oaks, CA: Sage.

Pope-Davis, D. B. & Coleman, H. L. K. (Eds.). (1996). *Multicultural Counseling Competencies: Assessment, Education and Training, and Supervision*. Thousand Oaks, CA: Sage Publications.

Roysircar-Sodowsky, G., & Impara, R. C. (Eds.). (1996). *Multicultural Assessment in Counseling and Clinical Psychology*. Lincoln, Nebraska: University of Nebraska.

Ruiz, P. (Ed.) (1995). Cross-Cultural Psychiatry. In J. Oldham & M. Riba (Eds.), *Annual Review of Psychiatry* (Vol. 14,). Washington, DC: American Psychiatric Press. *Concise chapters on assessment, psychotherapy, psychopharmacology*.

Shafranske, E. (Ed.). (1996). *Religion and the Clinical Practice of Psychology*. Washington, DC: American Psychological Association. *Best-selling comprehensive overview*.

Thompson, C. & Carter, R. (Eds.). (1997). *Racial Identity Theory*. Mahwah, New Jersey: Erlbaum.

Westermeyer, J. (1989). *Psychiatric Care of Migrants: A Clinical Guide*. Washington, DC: American Psychiatric Press. *A practical guide - very useful in clinical care*.

Journals

There are three major journals exploring these areas. They are Transcultural Psychiatry (published by Sage); Culture, Medicine, and Psychiatry (published by Kluwer) and Cultural Diversity and Ethnic Minority Psychology (published by the American Psychological Association).

Videotapes

"The Culture of Emotions" is a 58-minute training videotape (2002) that discusses the DSM-IV Outline for Cultural Formulation. It features twenty three multidisciplinary experts in cultural psychiatry commenting on sections of the Outline. It was written, produced, and directed by Harriet Koskoff and is available through Fanlight Productions (www.fanlight.com). A Study Guide and annotated bibliography are available as downloads from the webpage describing the videotape. [Click "Study Guide" on webpage describing the videotape to download a 1995 chapter on the Outline for Cultural Formulation]. Also, Harriet Koskoff and Francis Lu have created two 17-minute videotapes: "A Visit with Irma Bland, MD: Discussing the DSM-IV Outline for Cultural Formulation" and "A Visit With Evelyn Lee, EdD: Working With Asian-American Immigrants and Refugees." Both of these pioneers in cultural competence passed away in 2003.

Websites

1) ***"Mental Health: Culture, Race, and Ethnicity," U.S. Surgeon General:
www.surgeongeneral.gov/library/mentalhealth/cre/default.asp

2)*** The Institute of Medicine (www.iom.edu) has published since 2001 a series of important books that have impacted on moving health care policy. Academic psychiatry can benefit from utilizing these perspectives. "Crossing the Quality Chasm" (2001) focused on 6 aims for improving health care: safety, effectiveness, patient-centeredness, timeliness, efficiency and equity. The IOM is currently working on a report adapting it to mental health and addictive disorders; input is welcome at the website. "Health Professions Education: A Bridge to Quality" (2003) suggested 5 core areas for education that would enhance quality. "Unequal Treatment: Confronting Racial + Ethnic Disparities in Health Care" (2002) has clearly established the importance of this area in health care policy. "Speaking of Health: Assessing Health Communication Strategies for Diverse Populations" (2002) addresses the challenge of improving health communication in a culturally diverse society. "Health Literacy: A Prescription to End Confusion" (2004) recommends that health care systems should develop programs sensitive to cultural and language preferences that reduce the negative effect of limited health literacy. If patients cannot comprehend needed health information, attempts to improve the quality of care and reduce health care costs and disparities may

fail. "Research Training in Psychiatry Residency: Strategies for Reform" (2003) has sparked efforts within AAP, AADPRT and NIMH for change. "Behavioral and Social Sciences in Medical School Curricula" (2004) has relevance for our teaching in medical school both within and outside psychiatry. Finally, "In the Nation's Compelling Interest: Ensuring Diversity in the Health Care Workforce" was published in 2004. You can read it online as well as purchase the PDF or hardcopy text at <http://iom.edu/report.asp?id=18287>.

"... The report examines institutional and policy-level strategies -defined as specific policies and programs of health professions schools, their associations and accreditation bodies, health care systems/organizations, and state and federal governments - to increase diversity among health professionals. Addressed in the report are an assessment and description of the potential benefits of greater diversity among health professionals and an assessment of strategies that may increase diversity in five areas including:

- § admissions policies and practices of health professions education institutions;
- § public (e.g., state and federal) sources of financial support for health professions training;
- § standards of health professions accreditation organizations pertaining to diversity;
- § the "institutional climate" for diversity at health professions education institutions; and
- § the relationship between Community Benefit principles and diversity...."

Table of content: Executive Summary 1 Introduction 2 Reconceptualizing Admissions Policies and Practices 3 Costs and Financing of Health Professions Education 4 Accreditation and Diversity in Health Professions 5 Transforming the Institutional Climate to Enhance Diversity in Health Professions 6 Reconceptualizing Admissions Policies and Practices 7 Mechanisms to Garner Support for Institutional and Policy-Level Appendix A: Data Sources and Methods Appendix B: Committee and Staff Biographies Commissioned Papers Contribution A: Increasing Diversity in the Health Professions: A Look at Best Practices Contribution B: The Role of Public Financing in Improving Diversity in the Health Professions Contribution C: The Role of Accreditation in Increasing Racial and Ethnic Diversity in the Health Professions Contribution D: Diversity Considerations in Health Professions Education

3) *** "Achieving the Promise: Transforming Mental Health Care," New Freedom Commission on Mental Health: www.mentalhealthcommission.gov/reports/reports.htm www.mentalhealthcommission.gov 2003 "Elimination of Disparities" is one of 6 goals.

4) *** "Cultural Competence Standards in Managed Care Mental Health Services: Four Underserved/Underrepresented Racial/Ethnic Groups," Center for Mental Health Services: <http://www.mentalhealth.samhsa.gov/publications/allpubs/SMA00-3457/default.asp>

5) ***"Assuring Cultural Competence in Health Care: Recommendations for National Standards," Health and Human Services' Office of Minority Health: www.omhrc.gov/clas/

6) ***"A Family Physicians Practical Guide to Culturally Competent Care." This is a web-based CME training about the 14 Cultural and Linguistic Appropriate Services (CLAS) Standards from the HHS Office of Minority Health. Although intended for practicing family physicians, it is useful for any health professional or trainee. Available on DVD. December 2004. <http://cccm.thinkculturalhealth.org/>

7) "Setting the Agenda for Research on Cultural Competence in Health Care." This project looks at the question of what impact cultural competence interventions have on the delivery of health care and health outcomes, and investigates the opportunities and barriers that affect how further research in this area might be conducted. August 2004. www.omhrc.gov/cultural/cultural18.htm

8) "Developing a Self-Assessment Tool for Culturally and Linguistically Appropriate Services in Local Public Health Agencies: Final Report." December 2003 http://www.omhrc.gov/cultural/LPHAs_FinalReport.pdf

9)*** HHS CMS (Centers for Medicare & Medicaid Svcs) at www.cms.gov/healthplans/quality/project03.asp provides information and downloads for three outstanding recent cultural competence guides from HHS:

a) "Providing Oral Linguistic Services: A Guide for Managed Care Plans"

b) "Planning Culturally and Linguistically Appropriate Services: A Guide For Managed Care Plans"

c) "Best Practices for Culturally and Linguistically Appropriate Services in Managed Care Conference: June 3 and 4, 2002 in Research Triangle Park, North Carolina."

The first two items were the principal material for the handout at 3 national CLAS trainings given by the University of North Carolina School of Public Health in 2003. Information about the HHS Culturally and Linguistically Appropriate Services (CLAS) Standards can be obtained at www.omhrc.gov/clas.

10)*** "Indicators of Cultural Competence in Health Care Delivery Organizations: An Organizational Cultural Competence Assessment Profile." The Lewin Group for DHHS, Health Resources and Services Administration, April, 2002. <http://www.hrsa.gov/omh/cultural1.htm>

"How do we know cultural competence when we see it?" is the central question that prompted the Health Resources and Services Administration (HRSA) to sponsor a project to develop indicators of cultural competence in health care delivery organizations. The Assessment Profile builds upon previous work in the field, such as the National Standards for Culturally and Linguistically Appropriate Services (CLAS), and serves as a future building block that advances the conceptualization and practical understanding of how to assess cultural competence at the organizational level.

The Assessment Profile is an analytic or organizing framework and set of specific indicators to be used as a tool for examining, demonstrating, and documenting cultural competence in organizations involved in the direct delivery of health care and services. At a general level, the Profile can help organizations frame and organize their perspectives and activities related to the assessment of cultural competence. More specifically, it can be used in routine performance monitoring, regular quality review and improvement activities, assessment of voluntary compliance with cultural competence standards or guidelines, and periodic evaluative studies.

11)***"The Provider's Guide to Quality and Culture," HRSA at <http://erc.msh.org/quality&culture>. An outstanding web-based training on clinical cultural competence.

12) Many of the National Institutes of Health have written strategic plans to reduce health disparities. Ones by NIDA, NIAAA, OSSR (approx sp.) + others can be found at <http://healthdisparities.nih.gov/working/institutes.html>. I could not access the NIMH one, although I have done so in the past.

13) The National Center on Minority Health + Health Disparities can be found at www.ncmhd.nih.gov

14) "National Healthcare Quality Report" and the "National Healthcare Disparities Report." The reports present data on the quality of and disparities among services for seven clinical conditions and provide "a snapshot of the American health care system." The reports are available at <http://qualitytools.ahrq.gov>

In a February 10, 2004 hearing before the House Committee on Ways and Means, Department of Health and Human Services (HHS) Secretary Tommy Thompson admitted that his department made a mistake in revising a December 23, 2003 report from the Agency for Healthcare Research and Quality (AHRQ) on racial and ethnic disparities in health care. Secretary Thompson told the committee that HHS would release the original version of the "National Healthcare Disparities Report," in its unaltered form, "without any changes whatsoever." On January 13, Representative Henry Waxman and seven other House members complained to Secretary Thompson that the first publicly released version of the report was a "watered-down" version of the original findings and that "HHS substantially altered the conclusions of its scientists" in order to portray a less pervasive national health disparities problem.

15) *** The California Endowment at www.calendow.org has 3 very important monographs:

a) "Principles and Recommended Stds for Cultural Competence Education of Health Care Professionals"

b) "Manager's Guide to Cultural Competence Education for Health Care Professional"

c) "Resources in Cultural Competence Education for Health Care Professionals"

Also other important monographs on interpreters and an annotated bibliography "Multicultural Health 2002"

16) "The American Psychological Association Guidelines on Multicultural Education, Training, Research, Practice, and Organizational Change for Psychology" are available at www.apa.org/pi/multiculturalguidelines.pdf.

This is a landmark document. Also, you can search "disparity" on the APA website at <http://search3.apa.org/results.cfm>.

17) The American Medical Association efforts on disparities can be seen at www.assn.org/ama/pub/article/2403-7066.html.

Also you can check www.Ama-assn.org/go/diversity/healthdisparities.

18) The Association of American Medical Colleges (AAMC) sponsors a campaign to reduce health care disparities. The Henry J. Kaiser and Robert Wood Johnson foundations, along with the AAMC and nine other co-sponsoring health care associations, have launched a \$1 million campaign to reduce racial and ethnic disparities in health care. This national initiative includes an outreach effort to engage physicians in dialogue; an advertising campaign in major medical publications; and a review of the evidence on racial/ethnic disparities in healthcare. The campaign begins with a focus on cardiac care and, as part of the effort, the American College of Cardiology and the Kaiser Foundation recently released a report listing racial and ethnic disparities in cardiac care. Information: Go to <http://www.kff.org/content/2003/6067>. Also www.aamc.org, then "diversity" section of the site has additional resources.

19) Massachusetts General Hospital Office of Multicultural Education. Has a search engine for updated literature at www.mgh.harvard.edu/healthpolicy/cchc.htm

20) McGill Department of Psychiatry Division of Transcultural Psychiatry Cultural Consultation Program: Ww2.mcgill.ca/psychiatry/ccs/eng/finalreport/toc.html

21) "Ensuring Linguistic Access in HealthCare-Settings: Legal Rights and Responsibilities, 2nd Edition," August 2003, National Health Law Program at www.calendow.org

22) The American College of Mental Health Administration Summit March 2003 focused on "Reducing Disparity: Achieving Equity in Behavioral Health Services." www.achma.org/Summits/summit_2003.htm

23) "Strategies for Diversity of the Health Professions" (2003). Funded by the California Endowment, it focuses on California. At the UCSF EQOP website <http://www.ucsf.edu/senate/0-committee/g-eop.html>, the PDF document is at the bottom of the page under "Documents of Interest."

24) "Cultural Competency for California Public Health Staff." As part of the OMH State Partnership Initiative, the UC San Francisco Center for the Health Professions has completed a report that outlines a cultural competency curriculum specifically for public health staff. The report, Cultural Competency for California Public Health Staff: Train-the-Trainer State Partnership Project, was written for the California Department of Health Services' Office of Multicultural Health. September 2004: http://futurehealth.ucsf.edu/pdf_files/Final%20OMH%20Report.pdf.

25) "California Multicultural Health Disparities," April 2003 www.dhs.ca.gov/hisp/chs/OHIR/Publication/OtherReports/MHD051703.pdf. "Health for All: California Strategic Approach to Eliminating Racial and Ethnic Health Disparities," Nov. 2003 at www.preventioninstitute.org/healthdis.html.

26) State of California Department of Mental Health Office of Multicultural Affairs: www.dmh.cahwnet.gov/multicultural

27) "State of California Task Force on Culturally and Linguistically Competent Physicians and Dentists Final

Report to the Legislature Pursuant to AB 2394” is available at www.dca.ca.gov/cltaskforce or www.dca.ca.gov/reports.htm

28) San Francisco Department of Public Health Cultural Competence Website: www.dph.sf.ca.us/CLAS